

#### **SOLUTION DATASHEET**

# Chronic Care Management

Twistle helps chronically ill patients achieve better quality of life with HIPAA-compliant messaging that drives patient engagement and keeps them on track with their care plan.



### **PROVEN RESULTS**

Patient centric communication uses clinical content and engagement best practices to monitor, educate and coach patients. Secure bi-directional messaging, remote physiologic monitoring (RPM), and alerts and dashboards simplify access to patient data and help care coordinators intervene early to prevent deterioration.

#### Typical results include:

**50%** Fewer readmissions

38% Improvement in appointment adherence

29% Reduction in phone calls

14% Increase in medical device adherence

19% Improvement in medication adherence

**12%** Increase in patient satisfaction

Twistle collaborates with clients to identify target outcome improvements and return on investment through analysis of current performance data. <u>Contact us</u> to learn more.



#### **ENGAGE PATIENTS ON MOBILE DEVICES**

- Assessment forms
- Appointment reminders
- Care plan instructions
- Educational videos
- Encouragement

- Navigation / Directions
- Prevention and wellness coaching
- Remote patient monitoring
- Satisfaction surveys

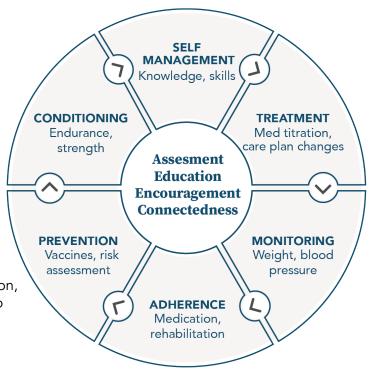


## **CLINICAL BEST PRACTICES**

Our clinical content and communication protocols automate and optimize patient engagement, improve outcomes and generate RPM revenue for the following chronic conditions, with others in development:

- Cardiac rehabilitation
- Chronic Obstructive Pulmonary Disease (COPD)
- Congestive Heart Failure (CHF)
- Coronary Artery Disease (CAD)
- Hypertension

- Medication titration and adherence
- Rheumatoid arthritis
- RPM for atrial fibrillation, hypotension, failure to thrive, diabetes, and dysphagia
- Sleep apnea
- Urinary incontinence





### **DEVICE INTEGRATION**

Twistle's integration with a growing number of RPM devices automates data collection and creates a new revenue stream.

- **Activity Trackers**
- Blood Pressure Monitors •
- CardioMEMS™
- Continuous Positive Airway Pressure (CPAP) machines
- Digital Scales
- **Heart Rate Monitors**
- Pulse Oximeters
- Ventricular Assist Devices (VADs)

#### RAPID IMPLEMENTATION

Jump-start your chronic care patient engagement program with Twistle. Our experienced team and extensive clinical content library will support your go-live within weeks and produce measurable outcome improvements. Contact us today.

